

Bryn St Peter's C.E After School Clubs



Hello and welcome back to a brand new school year – summer has flown, hasn't it?

On this letter you will find a list of the after school clubs we've got going on in school over the following half term, along with all the information needed by those who wish to attend.

Please note that each after school club will run from roughly **3:15pm to 4:15pm** (with the exception of *Football Club*, which will finish at 4:30pm). These sessions will commence on the week beginning **Monday 16th September**, running for **4 weeks in total**. **The only exception to these dates is Yoga Club which will start on Wednesday 11th September.**

We see our after school clubs as a fantastic way of providing different experiences for our children whilst at the same time promoting an active and healthy lifestyle and – at just £1 per session - we think that they are great value for money.

Please be aware that places are allocated on a first-come, first-served basis.

Please discuss the options with your children and send any replies – along with any money - into school in a clearly labelled envelope showing your child's name, club of choice and year group. If successful, your child will receive confirmation from school.

Many thanks,

Mr Greaves (*Club co-ordinator*)

Day	Club	Places	Charge	Lead person(s)	Children from:
Mon	Dodgeball Club	20	Free of charge	Miss Otty	Y1 and Y2
Mon	Football Club	30	Free of charge	Mr Greaves	Y4, Y5, Y6
Wed	*NEW CLUB* Yoga Club	20	£4	Peter (Studio one)	Y4, Y5 and Y6
Wed	Arts and Crafts Club	12	Free of charge	Miss Otty	Y3 and Y4
Thur	Young Voices	-	Free of charge	Miss Swann	Selected children only
Thur	Arts and Crafts Club	12	Free of charge	Miss Otty	Y1 and Y2
Fri	Brass Club	20	£1 per session	Mr Donduncan	Y5 and Y6

Yoga

- **Yoga** involves a variety of body movements and uses breathing techniques, light exercise and meditation to boost our mental, physical and emotional state.
- It is been proven to bring a range of spiritual and physical benefits to those who partake, whilst also helping to boost health and happiness.
- It focuses on using a mixture of poses that increase strength, flexibility, and coordination, in addition to providing relaxation and stress relief.

