Unit	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
GET	My HeartSmart	Becoming Boris	Fill Boris'	How do they	My Heart is full	Heart Hunt
HEARTSMART	Toolbelt	Using junk	Toolbox	feel?	Talking about	Looking for
(Meet Boris)	Looking at Boris'	materials to	Roll a dice to	Learning to read	the things we	hidden hearts
	special tools to	dress up as	find the missing	facial expressions	love and how	
	learn what it	Boris	tools from	and body	they make us	
	means to be		Boris' toolbox	language to	feel	
	HeartSmart			understand how		
				someone is		
				feeling		
	ACTIVITY	ACTIVITY	GAME	ACTIVITY	ACTIVITY	GAME
	PSED - SC/SA	PSED - MR	PSED - MR	PSED - MFB	PSED - MFB	PSED - MR
DON'T FORGET	I am loved!	My Favourite	My heart!	Twinkle Twinkle	Who am I?	EYFS has talent
TO LET LOVE IN	Learning that	Things	Talking about	Thinking about	Children to find	Demonstrating
(I am special)	each one of us is	Thinking about	how we	what makes our	different objects	our different
	loved, special	our favourite	demonstrate	friends special	they like	skills and talents
	and important	things and how	different			
		they are all	emotions			
		different				
	CIRCLE TIME	ACTIVITY	ACTIVITY	GAME	ACTIVITY	ACTIVITY
	PSED - SC/SA	PSED - SC/SA	PSED - MFB	PSED - MR	PSED - SC/SA	PSED - SC/SA
TOO MUCH	I love to	Parachute	Sorting Feelings	How do you do?	Helpful Hearts	Thank you for
SELFIE ISN'T	Discussion about	Families	Looking at ways	Exploring ways to	Thinking about	helping me
HEALTHY	who you love	Game to	people express	show care and	how we show	Thanking
(I love others)	and what you	demonstrate	how they are	affection for	others we care	members of the
	love to do	how everyone's	feeling and	others	when we offer	school
	together	family is	ways we can		our help	community for
		different	show we care			their help
	ACTIVITY	GAME	ACTIVITY	GAME	ACTIVITY	ACTIVITY
	PSED - MR	PSED - MR	PSED - MFB	PSED - MR	PSED - MR	PSED - SC



Unit	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
DON'T RUB IT IN,	Super Friends	Musical friends	Listening Ears	Soft words, Hard	If I met the	Grumpy Frog
RUB IT OUT	Discussing what	Game to show	Game to	words	Scrapman	Story
(I am a good	makes a super	the importance	encourage	Thinking about	Being kind to	Exploring saying
friend)	friend	of including	children to	the types of	others even	sorry through
		others	listen to one	words we use	when their	story
			another	and how they	behaviour is	
				make others feel	unkind	
	ACTIVITY	GAME	GAME	ACTIVITY	ACTIVITY	STORY
	PSED - MR	PSED - MR	PSED - MFB	PSED - MR	PSED - MR	PSED - MFB
FAKE IS A	Boris and the	Cheer up Boris!	How Rabbit got	Hat Game	Thankful Heart	Tell me about
MISTAKE	Scrapman's lies	Write or draw a	his long ears	Pretending to be	Circle time to	you
(I tell the truth)	Children to	postcard for	Story to explore	someone else is	think about	Sharing and
	differentiate	Boris using kind	the importance	fun but being me	what the	celebrating
	between lies and	and	of telling the	is better	children are	differences in
	truth.	encouraging	truth		thankful for.	our homes and
		words.				families
	ACTIVITY	ACTIVITY	STORY	ACTIVITY	CIRCLE TIME	SHOW & TELL
	PSED - MFB	PSED - MFB	PSED - MR	PSED - SC/SA	PSED - SC/SA	PSED - SC/SA
NO WAY	Boris in the	I can challenge	Stuck!	When I grow up	Magnetic Maze	Changing
THROUGH, ISN'T	kitchen	Series of	Circle time to	Game and	Activity to	Caterpillars
TRUE	Considering how	challenges for	consider what	discussion	demonstrate	Considering
(I can do it!)	we can move	children to	to do when the	around what	persevering to	change through
	forward from	practise and	children are	children want to	find a way	the life cycle of a
	mistakes we	complete.	stuck.	do when they	through	caterpillar
	make			grow up		
	DISCUSSION	ACTIVITY	CIRCLE TIME	GAME	ACTIVITY	ACTIVITY
	PSED - SC/SA	PSED - SC/SA	PSED - SC/SA	PSED - SC/SA	PSED - SC/SA	PSED - SC/SA

